

FREE DOWNLOAD UNDERSTANDING THE DIFFICULT PATIENT A GUIDE FOR PRATITIONERS OF ORIENTAL MEDICINE

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Understanding The Difficult Patient A Guide For Pratitioners Of Oriental Medicine Introduction

Understanding the Difficult Patient

This well organised, easy to read book includes many detailed case histories of difficult patient interactions and suggestions for how to be most effective. Study/discussion questions can be found at the end of each chapter with one unresolved case for discussion. The author has interacted with thousands of patients. This book is an excellent teaching text.

Keeping Your Child Healthy with Chinese Medicine

Discusses 38 common paediatric diseases and their treatment using Chinese medicine and alternative therapies

Endometriosis & Infertility, and Traditional Chinese Medicine

Depression seems to be epidemic in our society. Every day, we meet people who are currently on antidepressants. On the one hand, the discovery of a new line of medications, such as Zoloft and Prozac, has made antidepressants easily administered, and, therefore, also over-prescribed. On the other hand, the rapidly growing demands of our cultural evolution submit us to very high levels of physical and emotional stress.

Chinese Medicine & Healthy Weight Management

More than 40 million women in the United States are now experiencing menopause, and it is affecting their sex drive, energy level, and emotions. This book explains how Chinese medicine can aid in the diagnosis, treatment, and prevention of menopausal problems, restoring balance to a woman's body. Topics covered include Chinese self-care and home remedies and information on Chinese dietary therapy, exercise, and deep relaxation.

Curing Depression Naturally with Chinese Medicine

Chinese medicine has effective answers for the prevention, diagnosis, and treatment of headaches. This book explains the benefits of Chinese medicine and covers self-care and home remedies, including self-massage, magnet therapy, moxibustion, aromatherapy, Chinese patent medicines, and herbal teas.

Managing Menopause Naturally with Chinese Medicine

This book is an excellent resource for Chinese Medical practitioners interested in including paediatrics in

their practice. It is built around numerous Chinese studies on the treatment of enuresis, enabling the reader to view and treat the problem from various perspectives. How to put all this knowledge into practice is demonstrated in quite a few well-structured case histories. An introductory section on the Western view on pathology and treatment of bed-wetting offers the most up-to-date information in an easily readable format. This book takes the integration of Western and Chinese medical approaches one step further. Through the use of some of the recommended treatments offered in this compassionate and thoughtful book, the practitioner will discover just how rapid and successful TCM can be in treating this difficult (for parents as well as the child) condition.

Curing Headaches Naturally with Chinese Medicine

Profit from a wealth of experience in interactions with your patients! The Patient-Practitioner Relationship in Acupuncture is written for acupuncturists and practitioners in the fields of alternative medicine searching for effective ways of connecting better with their patients in all their diversity, and the skills necessary to guide patients through emotional, psychological, and spiritual difficulties as part of the healing process. Dr. Hammer bases his work on the universally accepted and fundamental role the therapeutic relationship plays in the practitioner's ability to heal and his lifelong observation that both the patient and the practitioner benefit from this vital relationship. Drawing from his long and extensive personal and professional experiences and writing in an easily understandable and at times anecdotal style, the author avoids psychological jargon as much as possible. The material is presented independent to pathology and is organized into two parts: The first part outlines the basic tenets of the therapeutic relationship, and the second, main part presents individual, issue-oriented chapters addressing the varied life situations, personalities, and emotional reactions with which the acupuncturist or practitioner is confronted in everyday practice. Let this handy reference become your constant and reliable companion on your path to: enhancing your propensity and innate talents to heal, improving your therapeutic skills within the scope of your practice, and gaining confidence in your interactions with your patients.

Statements of Fact in Traditional Chinese Medicine

"This beautifully designed two color book is filled with over 100 detailed illustrations to help the reader better understand the materials being presented. Red flag cases are included and clearly explained to help the practitioner decide when an immediate referral is necessary. This book covers many Western diseases you will encounter and is clearly written for practitioners of Chinese medicine. With this textbook you will learn the clinical presentation and treatment of the major diseases seen in Western medical practice today, and how to confidently interact with Western medical practitioners." --Publisher

Treating Pediatric Bed-wetting with Acupuncture & Chinese Medicine

An introductory guide to the application of this therapeutic technique.

The Patient-Practitioner Relationship in Acupuncture

Irritable bowel syndrome (IBS) is a disorder that affects one out of five Americans, with such symptoms as diarrhea, constipation, bloating, nausea, indigestion, and gas. This book is directed to those who suffer from IBS and provides a whole, holistic, and centuries-old theory about its cause and treatment. Based on this theory, this book provides free or low-cost therapies for relieving or even curing maladies through the wisdom of Chinese medicine. Emphasis on understanding acupuncture, moxibustion, and mind-body interactions in a positive light is refreshing for those who want to improve the quality of their lives naturally.

Chinese Medicinal Teas

Using the information in this book, the thousands of people living with long term disability due to stroke, can lead a better quality of life. The book contains classical and standard contemporary acupuncture for emergency and rehabilitation use. Its covers such areas as: Running needle; Moxibustion; Electro-acupuncture; Magneto-therapy and herbal patches; Special protocols by famous contemporary practitioners; Treatments for body, scalp, ear, tongue, wrist-ankle and ocular acupuncture; and, the treatment of 23 post stroke sequelae. The final chapter of the book recounts the outcomes of scores of clinical trials proving acupuncture efficacy in the treatment of stroke.

Biomedicine

Increase your success rate with in vitro fertilization (IVF) by as much as 60% The information in this book can increase your success rate with in vitro fertilization (IVF) and other assisted reproductive technologies (ART) by as much as 60%. Research has shown that acupuncture alone can increase the success rate of IVF by 35%. By also adding Chinese herbal medicine, it is Dr. Lifang Liangs experience that you can almost double that increase. In this book, Dr. Liang describes her extremely successful step-by-step protocols for combining acupuncture and Chinese herbal medicine with IVF. Whether you are a Western MD specializing in infertility, a Chinese medical practitioner, or a couple experiencing difficulties in conceiving, this book is sure to give you new hope and a new approach to dealing with this all too common and difficult condition.

Chinese Medical Palmistry

This book is an introduction to Chinese pediatric massage which is a safe, non-invasive, low-cost & effective therapy for a wide variety of common childhood ailments. Includes over 250 easy to follow illustrations.

Curing IBS Naturally with Chinese Medicine

This book is a study guide and exam preparation workbook for Chinese herbal medicine. Its 630 questions cover all aspects of the theory and practice of Chinese herbal medicine including materia medica; medicinal combinations; processing of medicinals; formulas and prescriptions; additions and subtractions; case history analysis. This book is extremely useful for preparing for various school, state, or national Chines herbal exams. However, no matter what your degree of expertise, answering the questions in this book can help you reach a higher level of Chinese herbal practice. -- Provided by publisher.

Acupuncture for Stroke Rehabilitation

A Healthy Alternative to the typical Western Breakfast.---[cover].

Acupuncture & IVF

The Mai Jing or Pulse Classic was written in the late Han dynasty by Wang Shu-he. It is the first book in the Chinese medical literature entirely devoted tp pulse diagnosis. As such, it is the undeniable and necessary foundation text for anyone seriously interested in understanding the rationale for and method of reading the pulse in Chinese medicine. Although not an easy read, this book is a mine of valuable information for those wishing to go more deeply into a study of the pulse.

A New American Acupuncture

This book is the second, revised edition of a practical handbook of Chinese medical patterns with their disease causes and mechanisms, signs and symptoms, treatment principles, guiding formulas, main modifications, and acupuncture treatments. It is meant for both the student and the clinical practitioner. The authors have included numerous patterns previously not described in the English language literature as well

as many complex patterns which are commonly seen in real-life practice in the West. It also includes a symptom-sign index and a formula index for easy reference. All medicinal names in this new edition conform to Bensky et al.'s Chinese Herbal Medicine: Materia Medica 3rd edition, and all Chinese medical terminology corresponds to Wiseman and Feng's A Practical Dictionary of Chinese Medicine. Ingredients in Chinese medicinal formulas begin with their pinyin names and are listed down for easier reference. In addition, this new edition contains a number of case histories for use in problem-based learning (PBL) along with suggested answers, thus making it even more useful in the classroom.

Teach Yourself to Read Modern Medical Chinese

Publication of the first English language translation of this Chinese medical text bearing the name of the most famous Chinese doctor of antiquity, Hua Tuo, gives Western practitioners access to what is, perhaps, the premier proto-Daoist medical classic. In particular, this book is a great source of information on pulse diagnosis and is the locus classicus of the theory of warm supplementation, containing numerous fascinating herbal and alchemical formulas for both internal and external usage.

Chinese Pediatric Massage Therapy

The first clinical textbook of acupoxa therapy dating from the third century - and one of the four great Chinese acupuncture classics - this book is so authoritative that it has provided the framework and standard for all subsequent acupuncture textbooks in China. It contains all the most important passages of the Su Wen and Ling Shu, collated, edited, and arranged according to topic.

A Handbook of TCM Pediatrics

A well-known acupuncturist specializing in external diseases from Tangshan, Hebei, wrote this clinical manual with Western practitioners in mind. It covers the treatment of traumatic injuries, muscle/joint problems, dermatological conditions, and postoperative complaints. Practitioners will find this book a useful addition to their library, allowing them to treat an even wider variety of diseases.

Fulfilling the Essence

Part of the monastic lineage of fall and strike medicine. Presents hundreds of treatments for a wide variety of external or martial arts injuries.

750 Questions & Answers about Acupuncture

Noting the need for clear and detailed information on Chinese herbal medicine, Jennes presents a volume (a reprint from 2004) for practitioners, students, pharmacologists, and researchers. He covers the potential for toxicity in general, types of interactions, and medicines that have been noted as harmful. The bulk of the book comprises 100 formula

630 Questions & Answers about Chinese Herbal Medicine

"This small, concise book on Chinese dietary therapy has been written specifically for lay readers. It is meant to replace two earlier book I have written on Chinese dietary therapy, Prince Wen Hui's Cook, and Arisal of the Clear."--Preface.

The Book of Jook

This is a translation and annotation of Li Dong-yuan's Pi Wei Lun; by Bob Flaws. With so much new

research in China on the ideas and formulas of Li Dong-yuan, we feel this book is one of the most important pre-modern texts in Chinese medicine for 21st century clinicians. Bob has undertaken the task of a fresh translation of this book, this time including detailed commentary, relevant case histories and random clinical trail reports for each chapter.

The Pulse Classic

"This book is a partial translation of Liu Feng Wu Fu Ke Jing Yan (Liu Fengwu's Experiences in Gynecology) compiled by the Beijing College of Chinese Medicine and the Beijing Municipal Academy of Chinese Medicine and published by the People's Health & Hygiene Press and the Sichuan New China Publishing Company in 1982"--Editor's Preface.

A Compendium of TCM Patterns & Treatments

This book is a textbook and clinical manual on the treatment of modern Western medical diseases with Chinese medicine. By modern Western medical diseases, we mean all the disease categories of Western medicine excluding gynecology and pediatrics. By Chinese medicine, we mean standard contemporary professional Chinese medicine as taught at the two dozen provincial Chinese medical colleges in the People's Republic of China. The two main therapeutic modalities used in the practice of this style of Chinese medicine are acupuncture-moxibustion and the internal administration of multi-ingredient Chinese medicinal formulas. Treatment plans for each disease discussed herein are given for each of these two main modalities.

Master Hua's Classic of the Central Viscera

The Complementary Therapist's Guide to Conventional Medicine is a unique textbook for students and practitioners of complementary medicine, offering a systematic comparative approach to Western and Eastern medicine. Practitioners of complementary medicine increasingly find themselves working alongside conventionally trained doctors and nurses and it is vital for them to develop a core understanding of conventional medical language and philosophy. The book is designed as a guide to understanding conventional medical diagnoses, symptoms and treatments, whilst also encouraging the reader to reflect on and translate how these diagnoses may be interpreted from a more holistic medical perspective. Throughout the text the practitioner/student is encouraged to see that conventional and more holistic interpretations are not necessarily contradictory, but instead are simply two different approaches to interpreting the same truth, that truth being the patient's symptoms. After introductory sections on physiology, pathology and pharmacology, there follow sections devoted to each of the physiological systems of the body. In these, the physiology of each system is explored together with the medical investigation, symptoms and treatments of the important diseases which might affect that system. As each disease is described, the reader is encouraged to consider the corresponding Chinese medical perspective. The textbook concludes with chapters relating specifically to dealing with patients in practice. In particular these focus on warning signs of serious disease, supporting patients on medication and ethical issues which may arise from management of patients which is shared with conventional practitioners. The book also offers a detailed summary of 'Red Flag symptoms' which are those which should be referred for 'Western' medical investigation or emergency medical treatment, and also a guide to how patients can be safely supported in withdrawing from conventional medication, when this is clinically appropriate. Those wishing to use the text for systematic study can make use of the question and problem-solving approach offered on the accompanying CD to which references to self study exercises appear at regular stages throughout the book. This means that the text can be easily adapted to form the basis of a study course in clinical medicine for students of complementary medicine. In addition to the self-testing questions and answers, the supporting CD also contains checklists for revision and full-colour illustrations. ABOUT THE AUTHOR Clare Stephenson is a qualified medical practitioner who worked in hospital medicine, general practice and public health medicine for a number of years before training in Traditional Chinese Medicine (TCM) and acupuncture. Over the course of a decade she developed and taught an undergraduate course for students of Chinese medicine on Western medicine and how it relates

to TCM. She is particularly committed to encouraging communication and understanding between practitioners of different health disciplines. She currently works as a GP in Oxfordshire.

The Systematic Classic of Acupuncture & Moxibustion

Wang Le-ting was one of the architects of modern Chinese acupuncture. Wang created many new acupuncture treatment protocols useful in the treatment of chronic, difficult-to-treat conditions, including paralysis, and atrophy due to organic disease (MS, lupus, ALS, etc.), cerebrovascular accident, and traumatic injury to the spinal cord. This book is an account of his special acupuncture theories and contains his most effective treatment protocols, representative case histories, and Wang's analysis of point selection. It's also a mine of step-by-step acupuncture protocols you can use in your clinic.

The Treatment of External Diseases with Acupuncture and Moxibustion

Secret Shaolin Formulas for the Treatment of External Injury

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